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New book gives step-by-step guide to divorcing without attorney

'First Kill All the Lawyers' outlines process of filing forms, serving papers, stresses importance of self-care

LA CRESCENTA, Calif. — “I think people are fed up with lawyers, especially in divorce court, when people are guilty of no crime except intolerable unhappiness,” writes author Katie Law Goodwin. “To have an attorney throw gasoline on that fire and charge money for it becomes insane.”

Goodwin draws on her own experiences to offer readers a practical, humorous guide to obtaining a divorce without an attorney in her new book, “First Kill All the Lawyers: In Pro Per” (published by [Balboa Press](#)).

Written with poignancy, wit and humor, “First Kill All the Lawyers” covers virtually every aspect of the divorce process, from filing forms to implementing self-care with nutrition, exercise and meditation. Readers will learn how to research, complete and file court forms, write legal pleadings, serve their spouse with papers and even how to dress for a trial, should a divorce go that far.

Praise for “First Kill All the Lawyers”:

“I love how (Goodwin) enjoys her own self even as she tells hard truths and reveals her own strengths and vulnerabilities. She is gentle both on herself and on the listener.”

—Donna Eden, author, “Energy Medicine”

“First Kill All the Lawyers”

By Katie Law Goodwin

Hardcover | 6 x 9 in | 320 pages | ISBN 9781452591124

Softcover | 6 x 9 in | 320 pages | ISBN 9781452591100

E-Book | ISBN 9781452591117

Available at Amazon and Barnes & Noble

About the Author

Katie Law Goodwin has graduate degrees and advanced certifications in various modalities of psychological and healing arts and is a psychotherapist, energy healer and nutritionist. Prior to moving to Los Angeles in 1999, she was a comedienne and actress in New York City. More information is available at www.KatieLawGoodwin.com.

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